



Healthcare at your **fingertips**



Stay on top of your health at home or on the go! Dorset NHS apps can help you save time, reduce stress and offer flexibility to better manage your condition.

Digital is part of our everyday, from ordering our shopping or checking our bank account to helping us manage our health and wellbeing.

Dorset's health apps and hospital@home services can help you stay well, with less appointments, less stress and more control over your care.

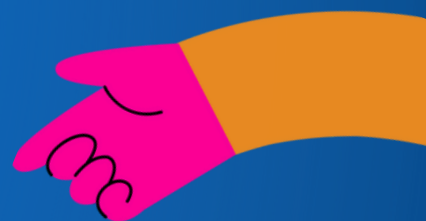
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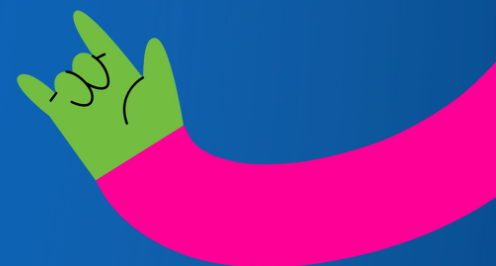
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